



ORGANIC BASIC FOOD · SEEDEORY

Nuts & Botanical Oils

The 2026 Collection

WWW.ORGANICBASICFOOD.COM

*Pure ingredients, plainly labeled,
in the sizes a real kitchen reaches for.*

Organic Basic Food opened in 1995 as one of Hoboken's early organic groceries. Three decades of buying, tasting, and restocking taught us exactly what earns a place on the shelf.

That experience now ships under two focused labels. Organic Basic Food is our single-ingredient nut line, made with carefully selected certified-organic nuts and never salted. Seedeory is our apothecary of essential, cold-pressed, and beauty oils, drawn from carefully selected botanicals without chemical solvents. Everything in these pages is something we keep at home.



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PART I

The Nut Pantry

Six varieties. One ingredient each.



SINGLE INGREDIENT · RAW OR DRY ROASTED · NEVER SALTED



Raw, unroasted, and portioned by hand in New Jersey.

THE NUT PANTRY · I

Raw & Unsalted

Raw Walnuts

RAW HALVES & PIECES · UNROASTED & UNSALTED

Earthy, tender halves and pieces with naturally occurring ALA omega-3s, left unroasted so they arrive tasting of the orchard rather than the roaster.

1 OZ · 6 OZ · 12 OZ

INGREDIENTS · 100% Pure Walnuts

Raw Almonds

RAW & WHOLE · UNROASTED & UNSALTED

Clean, lightly sweet, and firm to the bite. One ingredient that moves easily between the snack bowl, the blender, and the baking sheet.

1 OZ · 7.5 OZ · 16 OZ

INGREDIENTS · 100% Pure Almonds

Raw Cashews

RAW & WHOLE · UNROASTED & UNSALTED

Naturally sweet and soft enough to blend silky: the quiet workhorse behind cashew cream, weeknight stir-fries, and dairy-free sauces.

1 OZ · 8 OZ · 16 OZ

INGREDIENTS · 100% Pure Cashews

THE NUT PANTRY · II

Rich & Distinctive

Raw Pecans

RAW HALVES & PIECES · UNROASTED & UNSALTED

Buttery halves and pieces with dessert sweetness built in, equally at home in morning oatmeal and holiday pie.

1 OZ · 6 OZ · 12 OZ

INGREDIENTS · 100% Pure Pecans

Raw Brazil Nuts

RAW & WHOLE · UNSALTED

Dense, creamy kernels and one of nature's most concentrated sources of selenium. A few go a long way.

1 OZ · 8.5 OZ · 16 OZ

INGREDIENTS · 100% Pure Brazil Nuts

In-Shell Pistachios

DRY ROASTED · UNSALTED · NO OIL

Dry roasted in the shell with nothing added, so the flavor is all pistachio. The shell sets the pace; the bowl empties slower.

8 OZ · 16 OZ

INGREDIENTS · 100% Pistachios



From the counter at our first market: nuts by the bowl, oils by the drop.

The Variety Packs

The Discovery Pack

FIVE VARIETIES · SINGLE-SERVE

One of each variety in single-serve bags: a portioned introduction to the whole pantry, sized for lunchboxes, desks, and travel days.

1 OZ × 5 BAGS

The Medium-Size Pantry Set

SIX VARIETIES · MEDIUM SIZES

All six nut varieties in medium sizes, including in-shell pistachios. A pantry in a single order, and a gift that gets finished.

M SIZE × 6 BAGS



Five varieties in individual 1 oz bags—an easy way to try them all.

THE SINGLE-INGREDIENT PROMISE

Every bag lists exactly one ingredient. Season your own kitchen; we'll keep the harvest as it came.

NO SALT · NO ADDED OIL · NO PRESERVATIVES · VEGAN & NON-GMO

PART II

The Apothecary

Seedeory: essential, cold-pressed & beauty oils.



Seedeory Organic Black Seed Oil

Organic | Pure | Cold Pressed | 100% Natural
Non-GMO & Vegan

Organic Black Seed Oil

100% Pure • Cold Pressed • Unrefined

Pitch in natural antioxidants,
supports overall wellness as part
of a balanced lifestyle.

Pure Oil • No Additives or Fillers

8 fl oz (240 ml)



Seedeory Organic Castor Oil

Hexane-Free • 100% Pure Natural
Non-GMO & Vegan

Organic Castor Oil

100% Pure • Cold Pressed • Unrefined

Helps condition hair and skin
while maintaining softness and
shine.

Pure • Naturally Nourishing

8 fl oz (240 ml)



Seedeory Rosewater

100% Pure & Natural
Non-GMO & Vegan

Rosewater Facial Mist

Refreshing for All Skin Types

Freshens and uplifts your skin,
providing a refreshed feel and
a naturally balanced glow
throughout the day.

Free of Dyes or Alcohol



3.5 fl oz (100 ml)

Seedeory Cinnamon Essential Oil

100% Pure Scented • Non-GMO & Vegan
Naturally Derived

Cinnamon Essential Oil

100% Pure • Naturally Derived

Invigorates the senses, promotes
mental clarity, and supports an
energetic, refreshed state.

Pure • Naturally Invigorating

1 fl oz (30 ml)



THE APOTHECARY · I

Wellness Oils

Organic Black Seed Oil

NIGELLA SATIVA · COLD-PRESSED & UNREFINED

Cold-pressed and unrefined, USDA Organic and certified by Ceres. Each teaspoon carries 68 to 130 mg of naturally occurring thymoquinone.

1 FL OZ · 4 FL OZ · 8 FL OZ

INGREDIENTS · 100% Cold-Pressed & Unrefined Organic Black Cumin Seed (*Nigella sativa*) Oil

✓ VEGAN ✓ NOT TESTED ON ANIMALS ✓ NON GMO ✓ USDA ORGANIC ✓ HALAL

Organic Oregano Oil

WILD-CRAFTED · MINIMUM 70% CARVACROL

Wild *Origanum minutiflorum* carried in organic extra-virgin olive oil. Four drops to a serving; 187 servings to a bottle.

1 FL OZ

INGREDIENTS · Organic Oregano Oil (*Origanum minutiflorum*), Extra-Virgin Organic Olive Oil

✓ VEGAN ✓ NOT TESTED ON ANIMALS ✓ NON GMO ✓ USDA ORGANIC ✓ HALAL

Oil of Oregano & Black Seed

TWO OILS · ONE DROPPER

Steam-distilled oregano oil and cold-pressed black seed oil in a single blend, standardized to 80% carvacrol and 1.5% thymoquinone.

1 FL OZ

INGREDIENTS · Cold-Pressed Black Seed Oil (*Nigella sativa*), Steam-Distilled Oregano Oil (*Origanum vulgare*)

✓ VEGAN ✓ NOT TESTED ON ANIMALS ✓ NON GMO ✓ HALAL



Vegan and halal throughout; USDA Organic certification where shown.

THE APOTHECARY · II

Beauty Oils & Rosewater

Jojoba Oil

SIMMONDSIA CHINENSIS · ARGENTINA

Cold-pressed and unrefined. It hydrates skin, lifts makeup, and leaves hair with shine rather than weight.

4 FL OZ

INGREDIENTS · 100% Cold-Pressed & Unrefined Jojoba Oil (*Simmondsia chinensis*)

✓ VEGAN ✓ NOT TESTED ON ANIMALS ✓ NON GMO ✓ HALAL

Organic Castor Oil

HEXANE-FREE · BOTTLED IN GLASS

Pressed cold with no solvents anywhere in the process. The classic for castor packs, cuticles, heels, and ends.

8 FL OZ

INGREDIENTS · 100% Cold-Pressed & Unrefined Organic Castor Oil (*Ricinus communis*)

✓ VEGAN ✓ NOT TESTED ON ANIMALS ✓ NON GMO ✓ USDA ORGANIC ✓ HALAL

Black Jamaican Castor Oil

ORGANIC · HEXANE-FREE

The traditional Jamaican style: richer in body than golden castor, made for scalp, brow, and beard routines.

8 FL OZ

INGREDIENTS · 100% Cold-Pressed & Unrefined Organic Black Jamaican Castor Oil (*Ricinus communis*)

✓ VEGAN ✓ NOT TESTED ON ANIMALS ✓ NON GMO ✓ USDA ORGANIC ✓ HALAL

Rosewater Facial Mist

ROSA DAMASCENA · ISPARTA

Damask rose hydrolate with a whisper of rose essential oil. No alcohol, no dyes; a fine mist from morning to makeup removal.

3.5 FL OZ

INGREDIENTS · 100% Pure Rosa Damascena Floral Water, Rose Essential Oil

✓ VEGAN ✓ NON GMO ✓ HALAL



Damask rose petals, the source of our Isparta rosewater.

The Essential Oil Library

Fifteen singles in 1 fl oz · 100% pure, naturally derived

Lavender

CALMING · RELAXING

INGREDIENTS · 100% Pure Lavender Essential Oil
(*Lavandula grosso*)
1 OZ / 4 OZ
VEGAN · NOT TESTED ON ANIMALS · NON GMO · HALAL

Bulgarian Lavender

TRUE LAVENDER ·
FLORAL

INGREDIENTS · 100% Pure Lavender Essential Oil
(*Lavandula angustifolia*)
VEGAN · NOT TESTED ON ANIMALS · NON GMO · HALAL

Peppermint

COOLING ·
REVITALIZING

INGREDIENTS · 100% Pure Peppermint Essential Oil
(*Mentha arvensis*)
1 OZ / 4 OZ
VEGAN · NOT TESTED ON ANIMALS · NON GMO · HALAL

Eucalyptus

CLEAR ·
INVIGORATING

INGREDIENTS · 100% Pure Eucalyptus Essential Oil
(*Eucalyptus globulus*)
VEGAN · NOT TESTED ON ANIMALS · NON GMO · HALAL

Lemon

BRIGHT · UPLIFTING

INGREDIENTS · 100% Pure Lemon Essential Oil
(*Citrus limonum*)
VEGAN · NOT TESTED ON ANIMALS · NON GMO · HALAL

Sweet Orange

SUNNY · ENERGIZING

INGREDIENTS · 100% Pure Orange Essential Oil
(*Citrus sinensis*)
VEGAN · NOT TESTED ON ANIMALS · NON GMO · HALAL

Grapefruit

CITRUS · STIMULATING

INGREDIENTS · 100% Pure Grapefruit Essential Oil
(*Citrus paradisi*)
VEGAN · NOT TESTED ON ANIMALS · NON GMO · HALAL

Lemongrass

GRASSY · PURIFYING

INGREDIENTS · 100% Pure Lemongrass Essential Oil
(*Cymbopogon flexuosus*)
VEGAN · NOT TESTED ON ANIMALS · NON GMO · HALAL

Tea Tree

CLEANSING · GREEN

INGREDIENTS · 100% Pure Tea Tree Essential Oil
(*Melaleuca alternifolia*)
VEGAN · NOT TESTED ON ANIMALS · NON GMO · HALAL

Rosemary

HERBAL · AWAKENING

INGREDIENTS · 100% Pure Rosemary Essential Oil
(*Rosmarinus officinalis*)
VEGAN · NOT TESTED ON ANIMALS · NON GMO · HALAL

Cedarwood

WOODSY ·
GROUNDING

INGREDIENTS · 100% Pure Cedarwood Oil
(*Cedrus atlantica*)
VEGAN · NOT TESTED ON ANIMALS · NON GMO · HALAL

Frankincense

RESINOUS ·
MEDITATIVE

INGREDIENTS · 100% Pure Frankincense Oil
(*Boswellia serrata*)
VEGAN · NOT TESTED ON ANIMALS · NON GMO · HALAL

Sage

HERBACEOUS ·
BALANCING

INGREDIENTS · 100% Pure Sage Oil
(*Salvia officinalis*)
VEGAN · NOT TESTED ON ANIMALS · NON GMO · HALAL

Cinnamon

WARM · SPICED

INGREDIENTS · 100% Pure Cinnamon Leaf Essential Oil
(*Cinnamomum zeylanicum*)
VEGAN · NOT TESTED ON ANIMALS · NON GMO · HALAL

Clove

WARMING ·
TRADITIONAL

INGREDIENTS · 100% Pure Clove Essential Oil
(*Eugenia caryophyllata*)
VEGAN · NOT TESTED ON ANIMALS · NON GMO · HALAL

THE SEEDEORY STANDARD

Seedeory keeps each formula focused on a single botanical, with nothing unnecessary: cold-pressed black seed and castor oils, wild-crafted oregano oil, 100% pure essential oils, jojoba oil, and Damask rosewater.

Every bottle is vegan, Non-GMO, and halal-certified. The oils are naturally derived and cruelty-free. Black seed, oregano, and castor oils are USDA Organic and certified by Ceres.

For aromatic and topical use as directed; dilute with a carrier oil before applying to skin.

REFERENCE

Product Index

RAW WALNUTS

OBF-31741	1 oz
OBF-08915	6 oz
OBF-08908	12 oz

RAW ALMONDS

OBF-08953	1 oz
OBF-08939	7.5 oz
OBF-08922	16 oz

RAW CASHEWS

OBF-33487	1 oz
OBF-08977	8 oz
OBF-08960	16 oz

RAW PECANS

OBF-88595	1 oz
OBF-08991	6 oz
OBF-08984	12 oz

RAW BRAZIL NUTS

OBF-08946	1 oz
OBF-68955	8.5 oz
OBF-93240	16 oz

IN-SHELL PISTACHIOS

OBF-67348	8 oz
OBF-20226	16 oz

VARIETY PACKS

OBF-NUTS-1-BDL	1 oz x 5
OBF-NUTS-8-BDL	6 medium-size

WELLNESS OILS

SDY-36504	Black Seed 1 oz
SDY-71220	Black Seed 4 oz
SDY-20344	Black Seed 8 oz
SDY-76621	Oregano 1 oz
SDY-98822	Oregano & B.S. 1 oz

BEAUTY OILS

SDY-62585	Jojoba 4 oz
SDY-81092	Castor 8 oz
SDY-58987	Jamaican Castor 8 oz
SDY-83354	Rosewater 3.5 oz

ESSENTIAL OILS - 1 FL OZ

SDY-96081	Lavender
SDY-77745	Bulgarian Lavender
SDY-20312	Peppermint
SDY-71170	Eucalyptus
SDY-33115	Lemon
SDY-39851	Sweet Orange
SDY-59453	Grapefruit
SDY-68868	Lemongrass
SDY-64404	Tea Tree
SDY-71231	Rosemary
SDY-81597	Cedarwood
SDY-09116	Frankincense
SDY-58491	Sage
SDY-04141	Cinnamon
SDY-98087	Clove

ESSENTIAL OILS - 4 FL OZ

SDY-00854	Lavender
SDY-88014	Peppermint

ORDERS & INQUIRIES

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PURVEYORS OF THE SIMPLE & WHOLE



x

Seedeory

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